

ICRN Monthly Meeting Agenda and Minutes – January 24, 2024

Location: Zoom Conference **Time:** 1 to 2 pm

Attendees: Raj S., Chrishun B., Susan F., Elaine J., Darby M., David O., Watkins K.

1. DEMENTIA FRIENDLY ILLINOIS

Dementia Friendly Illinois Meeting Update (April 19, 2023)

Susan F. (RUSH)

Dementia Friendly

- 33 nationally designated Dementia Friendly communities in Illinois
 - 2 communities in January - Englewood and O'Fallon/Shiloh
 - 1 community in December - Carbondale
 - 3 communities in November - Washington, Moultrie County, Rockford
 - 1 community in October - Geneseo
- Monthly meetings continue - general monthly meetings, Library and Sustainability meetings.

Darby M. (NWM)

Recap: Dementia Friendly Meeting – January 17, 2024

- 23 attendees from around the state at the DF IL meeting on Jan 17. Central and Southern areas of IL were well represented, in addition to Rockford and the Chicago suburban communities.

2. DEMENTIA FRIENDS ILLINOIS

Susan F. (RUSH)

Dementia Friends

- 11,104 - Total Dementia Friends
- 8,796 - Dementia Friends from in-person talks
- 2,308 - Online sign-ups
- 254 Dementia Champions
- Next Champions training Friday, January 26.

3. ILLINOIS HRSA GWEP/ADRD CATCH-ON

Raj S. (RUSH)

- Raj and Susan will be co-hosting several episodes of The Brain Trust Project, a podcast that teaches professionals about early detection and treatment of Alzheimer's disease and dementia. In these episodes, they will be talking to dementia caregivers about their experiences with primary care physicians regarding diagnosis and care for dementia as well how supportive they found the physicians to be regarding providing additional information and resources.
- The Brain Trust Project is funded by a 5yr philanthropic grant from the Knight Foundation. Listen to episodes: <https://thebraintrustproject.com/> .

Tarisha W. (report)

- CATCH-ON is the Collaborative Action Team training for Community Health — Older Adult Network
- Suzanne, Tarisha, and Natalie are current trainers. Suzanne has led training for the past year. Tarisha and Natalie joined the team this year.
- The goal of CATCH-ON is to:
 - Educate and train the primary care, geriatrics workforce to care for older adults in integrated geriatrics and primary care.
 - Partner with community-based organizations to address gaps in healthcare for older adults, promote age-friendly health systems and dementia-friendly communities, and address the social determinants of health.

- Who attended the training?
 - RUSH System nurses, OT, PT, Speech, Social Work, Malcom X College psychology students
 - Training: Working with Older Adults: Normal Cognitive Aging, Dementia

4. DEMENTIA CAPABLE EFFORTS (IDOA)

5. ALZHEIMER'S DISEASE ADVISORY COMMITTEE (ADAC) UPDATE

Darby M. (NWM)

Darby is the leader for the Community Engagement, Safety and Support Subcommittee for the IDPH Alzheimer's Disease Advisory Committee to strategize around Goal 4 of the Alzheimer State Plan (p. 41-43) <https://dph.illinois.gov/content/dam/soi/en/web/idph/publications/2023-2026-state-plan-final-12-20-22.pdf>

David O. (Alzheimer's Association)

- Gave an update on the Alzheimer's Association's legislative agenda for 2024. See attached: 2024 Policy Priorities

6. Other News/Updates:

Discussion: Raj asked the group to think about where we are as an organization and if we are on track with our goals and focusing on prevalent issues.

- Darby suggested that we invite IDOA leadership to take part.
- Elaine J.
 - Caregivers and caregiver education
 - Pros and cons of treatments for Alzheimer's
 - Workforce issues

Next Meeting Wednesday, February 28, 2024