

ICRN Monthly Meeting Agenda and Minutes – April 26, 2023

Location: Zoom Conference **Time:** 1 to 2 pm

Attendees: Raj S., Chrishun B., Susan F., Tarisha W., Shanna S., David O., Jessica L., Jeff B., Tessa M., Elaine J., Rush Practicum Students

1. DEMENTIA FRIENDLY ILLINOIS

Dementia Friendly Illinois Meeting Update (April 19, 2023)

Darby M.

- 20 participants attended from around the state.
- Nice exchange of ideas from DF zoo days in Decatur to DF Botanic Gardens that the south loop would like to replicate on the museum campus and another is interested in a DF Morton Arboretum.
- Decatur did training for home care aids
- South Loop conducted a (Dementia Friendly) DF training for a Sunday School class.
- DF Glencoe trained EMS workers.
- In Chicago, the UARE (Uptown, Andersonville, Rogers Park, Edgewater) group is still in the planning phase and may start coming to the meetings. They have completed a community assessment. The Village Chicago is starting a Memory Café at Lincoln Park Zoo and considering applying to become a Dementia Friendly community.
- IDPH shared their first healthy brain health newsletter.

Susan F. (RUSH)

Dementia Friendly

- 26 designated communities
- Will begin including more community activities in monthly emails
- Several communities working toward application
- ICRN and Dementia Friendly will have a table at Northwestern's Alzheimer's Day which is Thursday, May 11 9-2:30pm

Discussion:

We are receiving feedback from DF communities that they are finding it challenging to sustain and fund their Memory Cafés. Raj suggested that the ICRN might put together a resource guide with funding and sustainability ideas. Other ideas included:

- Fundraisers
- Looking for grant opportunities
- Potlucks - volunteers bring a dish
- Teaming up with a local restaurant to host cafés at their locations with discounted prices for attendees
- Communities could reach out to their local AAA's (Area Agency on Aging) for possible funding opportunities

2. DEMENTIA FRIENDS ILLINOIS

Susan F. (RUSH)

Dementia Friends

- 9,596 – Total Dementia Friends
- 7,566 – In-person talks
- 2,030 – Online
- 208 people who have become a Dementia Champion

3. ILLINOIS HRSA GWEP/ADRD

CATCH-ON

Table-top Signage:

The ICRN is currently working on designing and ordering table-top projector signs that will be distributed to Dementia Friendly communities throughout Illinois. These signs can be displayed on their information tables for community events. The group reviewed design options and selected a final design.

4. DEMENTIA CAPABLE EFFORTS (IDOA)

Jessica Link (IDPH)

- The Dementia Program in the Office of Health Promotion has created The Healthy Brain Newsletter to deliver education and information about healthy cognitive aging, ways to support brain health, and relevant community resources. The inaugural issue was released April 18th: [IDPH Healthy Brain Newsletter Qtr1 2023](#). You can sign up to receive The Healthy Brain Newsletter [here](#)!

5. ALZHEIMER'S DISEASE ADVISORY COMMITTEE (ADAC) UPDATE

Jessica L. (IDPH)

- The Alzheimer's Disease Advisory Committee had the biannual Spring meeting on Friday April 21st.
- IDPH has partnered with University of Illinois Chicago's Center for Dissemination and Implementation Science to design and conduct a statewide dementia needs assessment.
- Please see the [Illinois Catalog of State Financial Assistance](#) to browse a list of current funding opportunities—the IDPH dementia program has a current opportunity posted to develop an Emergency Medical Personnel Dementia Core Curriculum to be used for developing high quality dementia training for the EMS systems throughout Illinois. Applications are due May 30th and candidates are required to involve subject matter expertise from both the EMS and dementia fields.

David O. (Alzheimer's Association)

- Illinois Advocacy Week was very successful. Thanks to all who participated.

6. Other News/Updates:

Tessa M. (UChicago Medicine)

- UChicago Memory Center teaming up with Lorenzo's House to host meetings for children of people with young-onset Alzheimer's disease. UChicago will serve as meeting facilitator.

Elaine J. (SIU)

- SIU Caregiver Conference Thursday, May 11

Next Meeting Wednesday, May 24, 2023