

ICRN Monthly Meeting Agenda and Minutes – August 25, 2021

Location: Zoom Conference **Time:** 1 to 2 pm

Attendees: Raj S., Chrishun B., David O., Wendy D, Darby M., Susan F., Jessica L., Ashlee D., Michelle N., Debbie K., Tarisha W.

* **Welcome to new member, Debbie Kuhns, SIU School of Medicine**

1. DEMENTIA FRIENDLY ILLINOIS

Darby M. (NWM) (Recap of Dementia Friendly meeting August 18, 2021 (26 attendees))

- There was a group discussion on the Alzheimer's State Plan and its compatibility with the goals of DF communities. The group felt that the Alzheimer's State Plan is compatible and supports DF efforts and initiatives.
- Guest Speaker, Sandy Pastore from Health and Medicine Policy Research group discussed the strategic plan for workforce developing in aging in Illinois. **(Presentation slides attached)**.
- Sector trainings, Sustainability and Library subcommittees are still meeting regularly.
- Jamie Urbanic from the South Loop community talked about doing a dementia friendly talk and training with teens. Emily from Glencoe also mentioned that there were DF talks being developed for preschoolers.

Jessica L. (IDPH)

- Is working on putting together a quarterly meeting for leadership from IDPH (Illinois Dept. of Health) and IDOA (Illinois Department on Aging) so that they can share information and resources and look for collaborative opportunities regarding healthy aging and age-friendly communities.
- Take-away from Sandy Pastore's presentation to the Dementia Friendly group: The group was very surprised to learn that the Dept. of Labor currently has no codes for aging and gerontology careers to create education career pathways for professionals. The issue is being pursued. The group will keep us apprised of any updates.

Raj (RADC)

- Felt that agency coordination to support the State plans and goals is vital for our success.
- Take-away from Sandy's presentation "Aging Together": was surprised to see that the rural communities are projected to have a larger population of older adults in the upcoming years. Hopefully, newer technologies and capabilities being developed by the State, the ICRN and various community partners, will enable broader dissemination of vital information to these communities.
- Discussed the ICRN giving more support to the AAA (Area Agencies on Aging) and community organizations in Champaign Urbana to help them collaborate on DF efforts.

Susan (RADC)

- 18 communities designated
- Several communities and areas working on steps towards recognition.
- Will be giving a talk at the Tinley Park kick-off this month.
- Bi-monthly meeting and sub-committees continue.
- Several organizations have implemented the online DF module programs in their onboarding process.
- Susan is now receiving short video clips of different communities sharing their experiences on what it is like to apply for Dementia Friendly recognition from National. Dementia Friendly Hyde Park, Westmont and the Without Warning support group are among those who are sharing videos. The clips will be turned into vignettes and shared on the ICRN website under "community resources."
- The ICRN received an email from DF Corpus Christi, TX. The group is very impressed with Illinois efforts and expressed interest in our activities.

2. DEMENTIA FRIENDS ILLINOIS (Susan)

- Total Friends – 6,308
 - 4,925 friends from in-person talks
 - 1,383 from online sign-ups
 - 117 Champions
- National hit 100,000 Dementia Friends!

3. ILLINOIS HRSA GWEP/ADRD/ RECIPIENTS (Formerly CATCH-ON)

Michelle (RUSH)

- CATCH-ON is in its third year.
- Continuing to promote their modules in education sessions.
- Michelle also produces a weekly newsletter for the ICRN, where she highlighted AARP's 8-minute age friendly videos (a series of six). Each video focuses on the Age Friendly Health System's 4 M's: Mobility, What Matters, Medication, Meditation and helps prepare caregivers for before, during and after hospitalization. The videos are in English and Spanish.

Links:

AARP caregiving videos: <https://www.aarp.org/ppi/initiatives/home-alone-alliance/family-caregiving-videos/>

Dementia videos: <http://catch-on.org/hp-home/hp-education/toolbox/#dementia>

4. DEMENTIA CAPABLE EFFORTS (IDOA)

5. ALZHEIMER'S DISEASE ADVISORY COMMITTEE UPDATE (ADAC)

Jessica (IDPH)

- ADAC is currently focusing on two workgroups:
 - Workforce Training & Expansion workgroup met last week and they updated the Core Competencies. It will be shared with the larger ADAC in October and uploaded to the website. A major update was adding language around equity, and a guide on how to create trainings. The next step will be looking at workforce expansion and tying it into the Strategic State Plan.
 - Strategic Budget workgroup: Meeting next week. The State of Illinois has release \$1M in general revenue funds. ADAC approved a workgroup who will work to decide how to allocate funds. Funds have to be used by June 30, 2022.

Raj & Jessica

- Jessica, as the coordinator of the Alzheimer's Awareness State Plan, would like to see us work on these key areas over the next three years:
 - Public health education and awareness (Create awareness in diverse communities).
 - Early detection (how do we help people - who are experiencing symptoms get evaluated sooner). Statewide with emphasis in rural areas.
 - Prevention (educating communities)
 - Training – 1 CEU hour per period of dementia training for health care professionals, as referenced in Alzheimer's state legislation bill.
 - Data surveillance evaluation. Currently, the state's main source of data collection is through CDC's BRSFS modules. The challenge is to look at what else Illinois needs in relation to data collection to assess areas of need as well as outcome measures.
- Raj also mentioned the American Hospital Association as a potential source for data collection.

6. Other News/Updates:

- Tarisha – the Austin area met to finalize their application to National.
- Darby has been in conversation with a group in Shanghai, China through the Shanghai Chicago Social Service Exchange. They were very interested in our modules and the Dementia Friendly communities. They were also very taken with the notion of becoming “nationally recognized” as a dementia friendly community. Darby shared the DF America website with them. They will be visiting the U.S. soon. Anxious to see DF Illinois in action.

Next Meeting Wednesday, September 22, 2021