

# ICRN Monthly Meeting Agenda and Minutes – January 27, 2021

**Location:** Phone Conference **Time:** 1 to 2 pm

**Attendees:** Raj, Chrishun, Susan, David, Tarisha, Michelle, Wendy, Heather, Bethany, Tessa

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## 1. DEMENTIA FRIENDLY ILLINOIS

**Susan (Rush)** (recap of Dementia Friendly Meeting – October 21, 2020)

- There are currently 16 nationally recognized Dementia Friendly (DF) communities in Illinois. Several other communities, including South Loop (Chicago) and Decatur are in various stages of the application process.
- Monthly meetings are well attended with an average of 30 participants on the call.
- This month, the committee focused on first responders and public safety training. The police chief from Westmont will participant on the next call to add to the discussion. They are also looking at ways to better utilize community libraries as a resource center.
- DF National is looking at putting together a goal-setting workbook for established DF communities to use as a resource. More information forthcoming.

**Tarisha (Rush)**

- AAA's (Area Agencies on Aging) are continuing their DF outreach efforts in the communities they serve. They are exploring more opportunities on a virtual platform to offer more programs to professionals.
- Three agencies are receiving funding to support DF outreach.

**Bethany (Age Options/AmeriCorps)**

- Has been certified as a Dementia Champion and giving talks to recruit more Dementia Friends.
- Also working with AmeriCorps cohorts and the Memory Café Network to implement new programs on a virtual platform for professionals.

## **Tessa (UIC/Hyde Park)**

### Dementia Friendly Hyde Park Update

- 1<sup>st</sup> Action Team Meeting – 1/28 Thursday at 2pm
- Kickoff Event – “Towards Making Hyde Park a Dementia Friendly Community” – 2/25 Thursday 6-7:30pm – open to all that are interested in helping the first neighborhood in Chicago more Dementia Friendly. (Being a local resident of Hyde Park is not necessary; Welcome all interests, talents, and volunteers!) – Tessa will send a flyer when ready.
- Speaker panel:  
Kelly Stepto Royston, Advisory Committee member and caregiver  
Tom Doyle, Early Onset Advisory Group, Alzheimer’s Association  
Tessa Garcia McEwen, licensed social worker for The Memory Center at UChicago Medicine
- Will be announcing ways to participate and volunteer

**Action: Social Program flyer attached**

## **2. DEMENTIA FRIENDS ILLINOIS**

### **Susan F. (RUSH)**

- 3992 –Dementia Friends from in-person talks
- 1879 – Dementia Friends online

5871 – Total Dementia Friends

- Susan holds a Dementia Champion training session the fourth Friday of the month. The next is this Friday, January 29<sup>th</sup> at 10:00 am. Contact: [Susan Frick@rush.edu](mailto:Susan_Frick@rush.edu) to register.
- To date, there are over 100 Dementia Champions that have gone through training.
- Public Health students from DePaul University analyzed the Dementia Friends statistics and research findings indicated that communities that have been nationally recognized as Dementia Friend communities tended to have a higher enrollment of Dementia Friends.

### 3. ILLINOIS HRSA GWEP/ADRD/ RECIPIENTS (Formerly CATCH-ON)

#### Michelle (Rush)

- Michelle provided the following information for upcoming presentations (see table below). Will follow up with links once they have been established. Contact Michelle with questions. [Michelle\\_Newman@rush.edu](mailto:Michelle_Newman@rush.edu)

<p>Normal Aging and Dementia</p> <p>Presented by Suzanne Musil, PhD, ABPP</p> <p>March 4, 3pm-4pm</p> <ul style="list-style-type: none"><li>Describe normal age-related changes in cognitive abilities</li><li>Use knowledge of dementia subtypes to better understand persons living with Dementia</li></ul> <p>This session to be repeated</p> <p>May 20, 3pm-4pm</p>	<p>Person Centered Care and Communication Strategies for Persons Living with Dementia</p> <p>Presented by Mary Zonsius PhD, RN</p> <p>March 11, 3pm-4pm</p> <ul style="list-style-type: none"><li>Identify Person Centered Care strategies for working with persons living with dementia</li><li>Modify communication to meet the needs of older adults with or without dementia</li></ul> <p>This session to be repeated May 27, 3pm-4pm</p>
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**4. DEMENTIA CAPABLE EFFORTS (IDOA) – No Updates**

**5. ALZHEIMER'S DISEASE ADVISORY COMMITTEE UPDATE (no updates)**

**David (Alzheimer's Association)**

- No current updates. Anticipates that there will be more to report in March after Spring Session.

**6. Other News/Updates:**

**Next Meeting Wednesday, February 24, 2021**