

ICRN Monthly Meeting Agenda and Minutes – October 23, 2019

Location: Phone Conference **Time:** 1 to 2 pm

Attendees: Chrishun, Crystal, Phyllis, David, Greg, Jennifer, Elaine, Tarisha, Mary, Erin, Barbara

Agenda Item

WELCOME ATTENDANCE AGENDA

DEMENTIA FRIENDLY ILLINOIS

Discussion:

- Barbara sent the flyer for the Evanston dementia event that will be held on Saturday, November 9. (Please see the ICRN website for to see full details).
- Raj and Tarisha are moving forward with creating partnerships on the Westside of Chicago to make the Austin into a DF community. There are also talks about moving forward with the Carbondale community with Elaine. Elaine said that she and a colleague completed the D.F. Champion training. They are excited to move forward in planning strategies.
- Tarisha: U of C is working with community partners in Hyde Park to promote Dementia Friendly initiatives and to develop more Dementia champions. They are also collaborating with Darby (NWMH) and the Woodson Library on Chicago's Southside to create more dementia friendly activities.
- Darby is working with the Alzheimer's Association to create more dementia programming at the Woodson Library and to form an Advisory Board.
- South Loop will become a Dementia Friendly Community in January. They host Dementia Cafes the 2nd Thursday of every month. Dementia Friendly South Loop 3 objectives: Dementia Care, Health & Wellness and Research. They also want to expand access to support groups in their community.
- Age Options is looking to have all their staff go through the DF training. They are developing programs to work with DF communities.
- Highland Park had their kick-off meeting on 10/23 to become a DF community.
- Joyce from the City of Chicago said that they are having two training sessions scheduled. The first one is on November 6, in which they will train 100 managers. The second training for building managers will be at the Habitat of Humanity (date TBA).

DEMENTIA FRIENDS ILLINOIS - Susan

Discussion:

Current numbers:

- Dementia Friends – 3,123
- Dementia Champions – 61

- We currently have 8 communities designated as Dementia Friendly
- Westmont, Highland Park and Oak Park had kick-off events working towards designation
- We currently have 3,123 Dementia Friends from in-person talks. We have 61 Dementia Champions with 6 joining after the October training. The next training is scheduled for Nov 13 and the email with registration will be going out shortly.

Action: Dementia Champion training event posted on the ICRN website.

CATCH-ON

- Erin: Train-the-Trainer workshop plans are moving forward with Mary Z. More info TBA
- Tarisha: They are working in the Austin area on the Westside of Chicago. They have made contact with members of Hope Church to introduce DF initiatives.
- Erin: CATCH-ON is also working with Rush Primary Care and SIU Family Medicine to implement the 4m's downstate Illinois to initiate dementia screenings and identify community resources.
- Barbara: asked for clarification on who the Train-the-trainer workshops are available for non-clinical persons. She thought that such a training might be beneficial at the Evanston half-day event on November 9. Capacity 125 people.
- Phyllis: The IDOA has found the "Signs of Dementia vs. Normal Aging" module to be very useful in training non-clinical staff and suggested that Barbara may want to look into individual modules as a training option.

DEMENTIA CAPABLE EFFORTS (IDOA)

Discussion:

- Phyllis reported that they had just completed a pilot of the Dementia Care Specialist Program for aging network staff working with people stricken with dementia in a non-clinical setting. They developed the training as a combination of a webinar and in-person training.

Action: See the ICRN website for training dates and locations.

ALZHEIMER'S DISEASE ADVISORY COMMITTEE UPDATE

Discussion:

- Jennifer: A meeting will be held on October 28, at Northwestern Hospital. They will continue to work with the writing team to update the State Plan. The main focus will be to form review a draft of the State strategic plan.

Meeting details:

Meeting Reminder – A meeting appointment also will be send to reserve the time on your calendar.

The Alzheimer's Disease Advisory Committee meeting will be held

Monday, October 28, 2019

12:00 Noon to 3:00PM

Mesulam Center for Cognitive Neurology and Alzheimer's Disease

Northwestern University Feinberg School of Medicine

300 E Superior, (entrance at 320 E Superior)

Tarry Building, 8th Floor, Rosenstone Boardroom

Chicago

WebEx will be available to those unable to join in-person.

Members based in the *Springfield area* – please contact me if you are interested in carpooling to the meeting.

RSVP - We will need names of all persons attending in person to pre-register you with 1st floor security. We need confirmation of attendance for lunch count one week prior to the meeting.

Complimentary **parking** is provided in the Northwestern lots at Huron/Superior, 222 E Superior or Erie/Ontario, 321 E Erie.

There is a reception area and someone will greet you and take you to the boardroom.

Lunch will be provided.

Other News/Updates:

Greg (SIU) announced the two dates for the Annual 2019 Memory Loss Conference 11/8 & 11/9

Links for the training:

Day 1 for professionals: <https://www.highmarksce.com/siumed/index.cfm?do=pln.viewActivity&plannerID=2260>

Day 2 for caregivers and the general public: <https://www.highmarksce.com/siumed/index.cfm?do=pln.viewActivity&plannerID=2268>

Directions to subscribe to ICRN:

- Go to the website: www.ilbrainhealth.org
- Hover cursor in lower right corner and click on the pop-up “subscribe”
- Enter your email address
- Press submit

TO JOIN THE MEETING BY WEBEX

The preference is for members to join the meeting in-person; however, if you are unable to travel then please join the meeting through WebEx.

WebEx - *Note: you may need to run an application, so please join the meeting early. If prompted, select “Run a temporary application” rather than install or add Cisco Webex” for prompt entry into the meeting room.*

- **Click [join the meeting](#)**
 - o In the "Select Audio Connection" dropdown select "Call Me" option; enter your 10 digit number so the meeting will call you
 - *Other options are to “Call Using Computer” or “I Will Call In”*
 - o In the "Select Video Connection" dropdown choose "No Video"
 - o Click on "Connect Audio" Button

To join by phone- if you are not near a device to access the above link, then another option is to join by phone - +1-312-535-8110 USA Toll (Chicago) or +1-415-655-0002 USA Toll; Access code: 809 570 172

Next Meeting TBA