

ICRN Monthly Meeting Agenda and Minutes – July 24, 2019

Location: Phone Conference **Time:** 1 to 2 pm

Attendees: Raj, Chrishun, Darby, Mary, Crystal, John, Michelle, Tessa, Greg

Agenda Item

WELCOME

ATTENDANCE

AGENDA

❖ DEMENTIA FRIENDLY ILLINOIS – Darby’s Report (Recap of Dementia Friendly Ill. Sub Committee Phone Meeting 7/17)

Discussion:

- Now that Glencoe is a designated dementia friendly community, they are starting campaign and outreach efforts to educate and broaden awareness within their community.
- Robin Golden announced that the GWEP (Geriatric Workforce Enhancement Program) for UIC and U of C were renewed.
- Tessa lead a discussion about the possibility that a representative from all three GWEP’s should meet to form possible collaborations and to update each other what each are doing as far as dementia friendly activities. Michelle confirmed that she is currently arranging that meeting and has made contact with UIC and U of C representatives.
- Joyce Gallagher spoke about the HHS (ACL) grant that the City of Chicago just received and their 3-prong approach to addressing seniors who are living with cognitive impairment and are isolated and/or living in high-rise buildings. The goal of the building management-training program is to educate building staff and management on the warning signs of dementia and cognitive decline and the intervention steps that should be taken. Another part of the grant activities will include the implementation of the Savvy Caregiver Program.
- Colette in Northern Illinois talked about their grant activities and the training that they are doing. They are piloting three music & memory programs.

Action: N/A

Discussion:

- Illinois Advisory Council on Aging invited both Raj and Darby to speak at their next meeting about how the ICRN was formed and the Dementia Friends initiative. They are very interested in the work that is being done by in the communities.

Action: Will give a report after the next meeting.

Discussion:

Action:

Discussion – Tessa (UCH)

- Save the Date – Dementia Friendly Chicago River Cruise (2nd Annual!) – Odyssey Chicago boat – Tuesday, September 24th 12 pm to 2:30pm (welcoming sponsorships to make this event free for all)
- More sponsors are needed.
- Still taking reservations. Capacity is 100 attendees (1 person and their care person). Free transportation is provided.
- Boat staff will be trained to be dementia friendly.

Action: Please contact Tessa if your community or organization would like to purchase a sponsorship.

❖ **DEMENTIA FRIENDS ILLINOIS - Susan**

Discussion:

Current numbers:

- Dementia Friends – 2,800
- Dementia Champions - 55

Action: N/A

Discussion: Raj

- Since last meeting, he has not received any requests from new communities interested in becoming dementia friendly; however, he has received information that a few communities in Northern Illinois may be inquiring this Fall. Will keep us updated.
- There are some resources coming out (on a national level) on making the trainings for dementia champions and dementia friends available in other languages, including Urdu and Korean. He is hoping that we can utilize some of that information to make it available for our diverse communities.

❖ **CATCH-ON –**

Discussion:

- **Update from Darby on the Age Friendly Chicago Commission:** The commission was formed by Joyce Gallagher and meets quarterly. Last meeting held 7/23. The City of Chicago is working on identifying isolated older adults through forming villages and communities that are stakeholder-based and not membership or fee-driven to join. The first stakeholder village was formed in Englewood. There are also established villages in Edgewater, Austin and other different areas throughout the City, including senior centers. These are considered “horizontal” villages. The high-rises are considered “vertical” villages. Joyce gave an update on the ACL grant and the work plan. The momentum is continuing. Mike Blaine is a consultant who helps cities throughout the country, who have received ACL grant funding, to organize and bring different stakeholders together for a Summit meeting. Rebecca Johnson is the outside evaluator for the Chicago grant and is working with Mike to bring a Summit to the City of Chicago. Darby will update with more information when it becomes available to her.
- **Mary:** Still collecting follow-up evaluations from participants of the “Equip-the-Trainer Program” held last month in Carbondale IL.
- A discussion was brought up on how to incorporate the “Train the Trainer” training module into professional nursing programs and social work programs in the health systems. Discussions ensuing.
- **Raj:** The new grant cycle for Catch-On started July 1st. They are in the transition and planning phase. There was a meeting with leadership two weeks ago - where Tarisha Washington from the RADC was named as the new coordinator. The goals of the Catch –On/ADRD group are to:
 - o Continue to build up communities that are nationally recognized by Dementia Friendly America.
 - o Continue to work on increasing the Dementia Friend numbers throughout the State.
 - o Engaging in the Catch-On “Train the Trainer” Program.

Action: N/A

❖ HEALTHY BRAIN RESEARCH NETWORK

Discussion:

The Healthy Brain Research Network funding cycle has ended.

Action: Will be removed from the agenda.

Discussion: Raj

- Still waiting for word on whether Bold Initiative will receive federal funding to provide Centers of Excellence with CDC at the state level to test out dementia capabilities in public health.
- Illinois congress passed legislature to have a Dementia Coordinator be funded at the IDPH. Still has to be approved by the governor.
- State also approved to test a scratch off lottery ticket where funds will go in support of Alzheimer's disease.

❖ DEMENTIA CAPABLE EFFORTS (IDOA) - Greg

Discussion:

- Savvy Caregiver Training grant expires at the end of September 2019. Grant will not be renewed. Greg will hold one more training session before September.
- The Annual Memory Loss conference, co-sponsored by the Alzheimer's Association will be held Friday, November 8 (for professionals) & Saturday, November 9 (for the public). Locations; Memorial Center for Learning and Innovation (MCLI), 228 W. Miller St., Springfield, IL

Action: Registration information TBA

❖ ALZHEIMER'S DISEASE ADVISORY COMMITTEE UPDATE – Raj

Discussion:

Action:

❖ Other News/Updates

- Raj asked the group to start thinking about the futility of having an ICRN conference/ annual meeting for all groups to come together to share new information and ideas regarding Dementia Friendly communities throughout Illinois. Raj suggested that it might be a good idea to make this a GWEP/ADRD effort and possibly incorporate it into an Illinois Area Agencies on Aging (AAA) meeting. Another option: Darby will see if the ICRN can pair with the Peoria Conference organizers to see if they would like to host the ICRN Conference. The Peoria Conference is being held 9/16 - 9/18 at the Peoria Civic Center.
- Darby announced that the Arts for Brain Health Coalition will be holding three workshops for persons with Alzheimer's and their caregivers.
 - The 1st workshop will be (conducted entirely in Spanish) at the National Museum of Mexican Art on August 17th.
 - The 2nd workshop will be at the Woodson Library on September 7th.
 - The 3rd workshop will be at the Reflections Festival at the Art Institute on September 18th.
 - ❖ Darby will forward information to Chrishun to post on the ICRN website
- La Brocha received an award from the Health & Medicine policy group in Chicago as a civic group looking to address social isolation for people with dementia in the Latino community.
- Raj & Chrishun: we need your feedback! Please review the ICRN website at www.ilbrainhealth.org. Let us know what you think of the blog posts and the ease of accessibility of other pages and let us know what you think. We are also interested in knowing your preferred method of receiving new posts from the website. If you prefer email, please be sure to subscribe on the ICRN website to receive email alerts.

Directions to subscribe to ICRN:

- Go to the website: www.ilbrainhealth.org
- Hover cursor in lower right corner and click on the pop-up "subscribe"
- Enter your email address
- Press submit

Next Meeting August 28, 2019