

# ICRN Monthly Meeting Agenda and Minutes – January 22, 2020

**Location:** Phone Conference    **Time:** 1 to 2 pm

**Attendees:** Raj, Chrishun, Crystal, Greg, Darby, Elaine, Tarisha, Mary, Michelle, Barbara

---

## Agenda Item

---

### WELCOME ATTENDANCE AGENDA

#### 1. DEMENTIA FRIENDLY ILLINOIS

##### Discussion:

- Darby gave a recap of meeting from last Wednesday, 01/15/20. Joyce Gallagher gave an update on the grant that they received from ACL. They are currently working on developing a work plan with the ACL, which is part of the grant process. They also had a discussion on what makes a Dementia Friendly Chicago. The group recognized the opportunity to make the twenty-one villages that are currently part of Age Friendly Chicago, Dementia Friendly communities as well. Additionally there are also neighborhoods that are working on becoming Dementia Friendly communities; Tess M. from Hyde Park raised the question of how communities could tie into the City of Chicago to create a network to share information/resources so that communities are not isolated in their efforts. As a result, they thought of Meredith Henley from N4A as a person to advise them on how to move these plans forward. Darby will invite Meredith to the next DF ILL meeting in February. Other activities from the meeting were updates from attendees on their activities over the past two-month hiatus.
- Michelle gave a recap of her discussion with I4A on Tuesday, 1/23: As part of the Catch-On grant, they are looking to help Area Agencies on Aging (AAA's) to develop DF communities in their areas. There is a level of interest on their part however; they indicated that they want to start with developing one community at this time and then moving forward from there. Raj felt that it was a very positive conversation. The plan is to keep working with these groups, particularly in Southern Illinois to get involved and expand DF activities.
- 

#### 2. DEMENTIA FRIENDS ILLINOIS - Susan

##### Discussion:

Current numbers:

- Dementia Friends – 3,495
  - Dementia Champions – 74
- Naperville, Oak Park, Westmont and all in various stages in their efforts to become DF communities. The ICRN will follow-up with them to see if they need help with their paperwork, meetings and application capabilities.

- Susan says there will be Dementia Champion training the last Friday of every month. The next training will be Friday, January 31<sup>st</sup> at 10:00 a.m. More information will be posted on the ICRN
- Barbara from DF Evanston said that interest has resurged in their DF activities and that the committee has re-organized from non-profit sponsorships to being underwritten by the City of Evanston. Surveys given out at the Facing Dementia Day event held last November indicated overwhelmingly the community wants more education, information and resources. As a result, the committee has committed to hosting one quarterly education event starting in March. Susan will give a Dementia Talk in March will a showing of the Documentary: "Too Soon to Forget," following with a Q&A session and ending with Dementia Friend training. Raj asked Barbara to submit a short blurb to post on the ICRN page.

**Action:** Dementia Champion training events will be posted on the ICRN website. DF Evanston will submit a short write up on their upcoming activities and the challenges of moving forward after re-organizing.

### 3. ILLINOIS HRSA GWEP/ADRD/ RECIPIENTS (Formerly CATCH-ON)

- Mary gave an update on year 1 activities for the 5-year Equip the Trainer (Train the Trainer) grant. They are currently focusing on enrolling pre-licensure students from the College of Nursing. Their goal is to have 100 people trained by July 2020 using the Catch-On modules and Train the Trainer as training tools.
- Elaine added that the Illinois Pioneer Coalition has also expressed interest in receiving this training for their organizations and their community colleges. The Illinois Pioneer Coalition is a collection of medical professionals working primarily in long-term care organizations throughout Illinois. The ICRN expressed interest in expanding the training programs. Would like to discuss branching out to other organizations after the initial rollout at the nursing college. Link for the Illinois Pioneer Coalition: <http://illinoispioneercoalition.org/>
- Tarisha says that the committee is working on putting together a half-day conference for communities in June 2020. The purpose to become more cohesive and streamline resources. More information TBA as plans develop.
- Raj: The ICRN has started talks with the Alzheimer's Association – Illinois Chapter on how they can share resources and support Dementia Friendly efforts and activities.

**Action:** Raj and Mary will continue discussions with Elaine to expand the training opportunities to include the Pioneer Coalition. Discussions will also continue on how to better utilize the training modules as resources for other dementia communities and organizations.

### 4. DEMENTIA CAPABLE EFFORTS (IDOA) – No Updates

## 5. ALZHEIMER'S DISEASE ADVISORY COMMITTEE UPDATE

### Discussion:

- Raj reported that a new state plan should be coming out soon. They were doing final updates in December after a year-long process. Raj and Darby were part of the work group that helped put the plan together. They are currently looking to fill the coordinator positions as well as few others.
- Darby brought up the possibility of organizers of the Alzheimer's state plan and the organizers of the Aging state plan collaborating to reduce repetition and to have shared messaging and efforts.
- Darby also said that the Chinese American Service League (CASL) received a grant to address dementia friendly awareness in Chinese American communities and to explore the Chinese perspective on aging and dementia. The ICRN was instrumental in helping them to obtain this grant by writing a Letter of Support to go along with their application to the State.
- CASL will be presenting a grant report at a half-day conference hosted by the National Association Social Workers for Illinois (NASW) - in which Darby serves as co-chair. The seminar will be held on Monday, February 24. More information TBA.

## 6. Other News/Updates:

- The UIC GWEP and the Chair of their Family Medicine Program received a request by the CDC to resubmit their application to be a public health group working on issues working around Alzheimer's disease and caregiving. The ICRN (Darby, Greg and Raj) wrote a Letter of Support to accompany the application.
- There was a collaborative effort by organizations working with the Alzheimer's Association and the IDPH to help offset the expense of the CDC's Cognitive Subscale of the Behavioral Risk Factor Surveillance Survey. This survey looks at the number of people over the age of 60 who report that they are experiencing difficulty with memory and cognition as well as how many of them actually follow-up with their clinicians. The results from the survey may not come out for another year, however it will be valuable information to measure changes in the lives of Illinois residents.

### Directions to subscribe to ICRN:

- Go to the website: [www.ilbrainhealth.org](http://www.ilbrainhealth.org)
- Hover cursor in lower right corner and click on the pop-up "subscribe"
- Enter your email address
- Press submit

**Next Meeting Wednesday, February 26**