

# ICRN Monthly Meeting Agenda and Minutes – August 28, 2019

**Location:** Phone Conference    **Time:** 1 to 2 pm

**Attendees:** Raj, Chrishun, Greg, Barbara, Michelle, Heather, Crystal, Susan, Elaine, David O., Darby & John M.

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## Agenda Item

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### WELCOME

### ATTENDANCE

### AGENDA

#### ❖ **DEMENTIA FRIENDLY ILLINOIS – Darby’s Report (Recap of Dementia Friendly Ill. Sub Committee Phone Meeting 8/21)**

##### Discussion:

- 13 people were on the call.
- Joyce Gallagher gave an update about the HHS (ACL) \$1M grant that the City of Chicago just received and their 3-prong approach to addressing seniors who are living with cognitive impairment and are isolated and/or living in high-rise buildings. The goal of the building management-training program is to educate building staff and management on the warning signs of dementia and cognitive decline and the intervention steps that should be taken. Another part of the grant activities will include the implementation of the Savvy Caregiver Training Program to people working in senior communities.
- The Carter G. Woodson Regional Library, on 95<sup>th</sup> & Halsted in Chicago, is hosting a series of dementia friendly activities on their program calendar. These classes are offered twice per month and are presented by staff from the Alzheimer’s Association and other dementia organizations. They are also offering a “Class Corner,” which offers arts and crafts, brain games, and memory quilt activities for people living with dementia and their families.
- The Geriatric Workforce Enhancement Program from U of C spoke about their outreach and educational activities to enhance dementia friendly initiatives on the south side of Chicago and their work with local churches and the chamber of commerce to create outreach and educational opportunities. They have a South Side Aging Resource Guide from the Share Network.
- U of C announced that they are starting to develop support groups and their goal is to have 50 groups established within 5 years.
- Tarisha Washington from the RADC will be helping with notetaking and organizing the group.
- ICRN website as a possible location to serve as a repository to share items for Dementia Friendly Illinois. Tarisha will follow-up with IT on other possible options for a repository. Suggested we should look at what Dementia Friendly Massachusetts has established as an example. Raj suggested that we continue to research and explore the best options for accessing and downloading resources.

**Action:** Darby will forward Chrishun a link to the Share Network Resource Guide to put on ICRN website.

❖ **DEMENTIA FRIENDS ILLINOIS - Susan**

**Discussion:**

Current numbers:

- Dementia Friends – 2,792
- Dementia Champions - 55

**Discussion: Susan**

- Dementia Friend & Champion Training: Susan is working on advancing capability and training opportunities for Dementia Champions by increasing training webinars (and training modules on the DF Illinois website) to a quarterly basis. She is looking for creative ways to enhance the trainings to assist Champions in their outreach efforts – encouraging them to share their successes with other Champions and to go beyond their workplace and into the communities with dementia awareness activities. Susan also stated that another DF goal is to recruit more Champions who work outside of the healthcare network because the goal is to reach out to people who may not know a lot about dementia.

**Action:** The coalition will continue the discussion creative ways to increase and improve educational resources and recruitment opportunities to support Dementia Champion activities.

**Discussion: Darby**

- Memory Cruise update: The event will be held on Tuesday, September 24. Tickets are sold out. However, they are still looking for sponsors.

**Action:** To find out how your organization can purchase a sponsorship, contact Tessa McEwen at [tessa.mcwewen@uchospitals.edu](mailto:tessa.mcwewen@uchospitals.edu).

**Discussion: Raj**

- Raj has been invited to speak at the kick-off meeting of Dementia Friendly Oak Park in early September.
- Raj will also be meeting with Dementia Friendly Naperville to help them organize for Phase I.
- Raj has also received an invitation to speak at the suburban mayor's caucus, an age-friendly working group who want to hear more about dementia friendly initiatives and how these initiatives can complement their efforts. They also have some communities giving presentations sharing how they organized their dementia friendly movement.

- Susan also reported that Westmont is looking to hold their kick-off meeting in early October.
- Elaine reported on downstate activities; said that they are in the process of meeting with community on health information and thought to implement dementia friendly training in these meetings. She will reach out to Susan to collaborate on the training part of the workshop.

#### ❖ CATCH-ON

##### Discussion:

- Mary wasn't on the call but she is still working on the implementation of the "Equip-the-Trainer Program." Update will be given next meeting.
- Elaine said that they received a request from Kankakee to provide Train the Trainer workshops on two dates in November at their community college.
- Michelle is meeting with UIC & U of C GWEPs in September. She will give an update next meeting.
- Tarisha Washington from the RADC was named as the new coordinator. The goals of the Catch –On/ADRD group are to:
  - o Continue to build up communities that are nationally recognized by Dementia Friendly America.
  - o Continue to work on increasing the Dementia Friend numbers throughout the State.
  - o Engaging in the Catch-On "Train the Trainer" Program.

#### ❖ DEMENTIA CAPABLE EFFORTS (IDOA) - Greg

##### Discussion:

- IDOA meeting in Peoria on September 16-18, Dementia Friendly has been invited to give a presentation. Darby announced that the City of Chicago will be one of the presenters.
- Discussion on whether a basic flyer about Dementia Friendly and Dementia Friends should be developed and taken to the meeting.
- Raj reports that a letter of support was requested for CASL (Chinese American Service League). They are applying for a community grant application to create activities to raise dementia awareness in Chinese-American communities.

**Action:** Susan reported that there are flyers but they may need updating. Chrishun, Tarisha and Susan will review and revamp the flyer. Darby will take the flyers with her to the meeting.

#### ❖ ALZHEIMER'S DISEASE ADVISORY COMMITTEE UPDATE

##### Discussion:

- A meeting will be held on October 28, at Northwestern Hospital. They will continue to work with the writing team to update the State Plan.

❖ **Other News/Updates:**

- Greg announced that they will be doing free training for CEU's for the Stepping Up Program will be holding two workshops 9/20 & 9/21. Greg will forward information to Chrishun to post on the ICRN website.
- David from the Alzheimer's Association announced the signing of the Bill SB1726. See the ICRN website for the full press release.
- Darby announced that the Arts for Brain Health Coalition workshops for persons with Alzheimer's and their caregivers.
  - o The 2<sup>nd</sup> workshop will be at the Woodson Library on September 7<sup>th</sup>.
  - o The 3<sup>rd</sup> workshop will be at the Reflections Festival at the Art Institute on September 18<sup>th</sup>.
- Save the Date – Dementia Friendly Chicago River Cruise (2<sup>nd</sup> Annual!) – Odyssey Chicago boat – Tuesday, September 24<sup>th</sup> 12 pm to 2:30pm (welcoming sponsorships to make this event free for all)
- The ACL released and RFI on collecting information on the cognitive health of isolated homebound older adults. Please see the ICRN website for more information.

**Directions to subscribe to ICRN:**

- Go to the website: [www.ilbrainhealth.org](http://www.ilbrainhealth.org)
- Hover cursor in lower right corner and click on the pop-up “subscribe”
- Enter your email address
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**Next Meeting September 25, 2019**